

Testing For Allergies

Isn't it quicker and more accurate? Er... No!

Testing For Allergies

**There are no foolproof tests!
Even the “eat it and see” test is loaded
with problems.**

Testing For Allergies

There are no foolproof tests!

Even the “eat it and see” test is loaded with problems.

False positives not a problem but false negatives are a disaster!

Testing For Allergies

Challenge tests

Blood tests

Skin tests

Isolation unit (ECU)

Energy testing:

- Dowsing
- EAV
- Nogier's reflex

Testing For Allergies

3 main types of testing:

Blood tests

Skin tests

Energy testing

Let's start with blood tests...

Testing For Allergies

2 main types of blood tests:

Conventional

RAST and ELISA, IgE

More holistic

MRT, Cytotoxic tests (ALCAT, LEAP), IgG

Testing For Allergies

Cytotoxic testing

Nu-Tron

ALCAT

LEAP (lifestyle eating and performance)

MRT test

Testing For Allergies

Cytotoxic testing reports:

ALCAT
WORLDWIDE

Food Sensitivity Test Results

Severe Intolerance	Moderate Intolerance	Mild Intolerance	Healthier
CAULIFLOWER COFFEE LEMON PINEAPPLE PINTO BEAN SPRUCH	ANCHOVY APPLE BASS BEEF BEET SUGAR BRUSSEL SPROUTS CASHEW CHICKEN CLOVE COCOA CRANBERRY CUCUMBER DUCK ENDIVE FLAXSEED FLOUNDER GARLIC LAMB LIMA BEAN MALT SWORDFISH TURMERIC VENISON	ACORN SQUASH ALMOND ANISE SEED APRICOT ARTICHOKE AVOCADO BANANA BAY LEAF BLUEBERRY BOK CHOI BRAZIL NUT CABBAGE CAMPBELL CATFISH CAYENNE PEPPER CLAM COOFSH CRAB CLAMM DATE DILL GOAT'S MILK HALIBUT HAZELNUT HEPPING HONEYDEW (MELON) HOPS KIDNEY BEAN KIWI LENTIL BEAN LIQUORIC LIVER (P) LOAF	ASPARAGUS CELERY FERREL JALAPENO PEPPER MUNG BEAN ONION STRING BEAN WHITE POTATO BLACK CURRY FIG MANGO PUMPKIN BEEF CHICKEN GREAT PEAS KALE MUSTARD PARSNIP SWEET PEAS

Testing For Allergies

Needs back up help and interpretation

Getting fresh samples to lab

Counting technique very suspect

Too many false negatives

Testing For Allergies

Needs back up help and interpretation

Getting fresh samples to lab

Counting technique very suspect

Too many false negatives

Same samples reported as v. different

Testing For Allergies

2 main types of skin tests:

Conventional

Scratch and prick tests, dermal patches

More holistic

Miller's method, raw food contact test

Miller's Method



1st dose
wheal 1



8x8

2st dose
wheal 2



8x8

3st dose
wheal 3



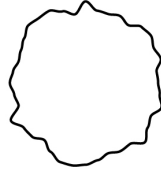
8x9

4st dose
wheal 4



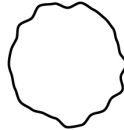
8x10

wheal 5



12x13

wheal 6



10x10

wheal 7



8x9

neutralizing dose
wheal 8



8x8

Symptoms
patient
experiences
discomfort

Symptoms
worse

Symptoms
lessened

Symptoms
gone

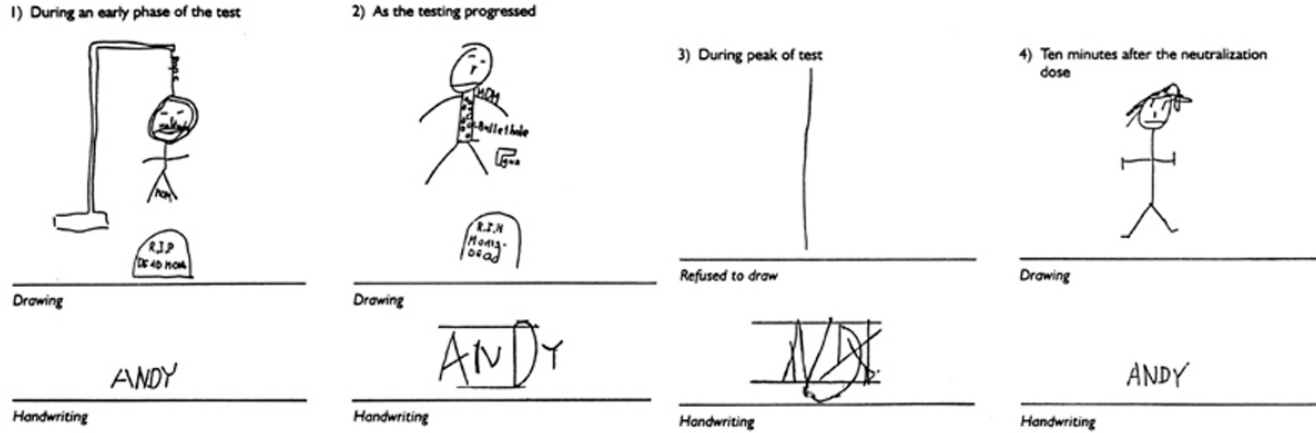
Wheal
hard
raised
blanched

Wheal
hard
raised
pink

Wheal
soft
raised
pink

Wheal
soft
level
pink

Miller's Method




1 2 3 4 5 6 7 8 9 10
 Before After

Figure 74.2: Example of handwriting deterioration while testing mould

WHEN THE MILKMAN

STOPPED CALLING I HAD A BABY

☆YOUR sex life can be as good or as bad as the food you eat. That's the remarkable theory of specialists who are discovering that allergies can run—or ruin—our lives.

☆ Exotic delicacies like oysters and champagne have long been regarded as the food and drink of love. But experts like Dr. Keith Mumby, of the Food and Allergy Clinic, have discovered that other, quite ordinary fare, can have the most astonishing effect on people's love lives.

of trying, happily-married Kathleen given up hope of ever having the husband so desperately longed for.

leen got pregnant when the milkman stopped

she had suffered strange symptoms which left her down in the dumps—and mystified doctors and specialists.

"I felt so desperately ill all the time," says Kathleen, an attractive thoroughly-modern mum.

"It just wasn't like me to feel depressed. But I was in agony—my stomach would swell painfully for no apparent reason and my skin looked awful.

"I started to put on weight despite trying every diet in the book.

"I couldn't fit into my clothes and I didn't want to go out because I felt so rumpy."

Nerves

Kathleen, who lives with husband Barry in a smart terraced house in Denton, Greater Manchester, went to her doctor who told her it was nerves—or possibly the menopause. "I couldn't believe it so

spots and I looked and felt dreadful."

Through her dentist, Kathleen heard about the pioneering work of Dr. Keith Mumby, who runs the Food and Environmental Allergy Clinic in St John Street, Manchester.

At their first meeting Dr Mumby explained to Kathleen how allergic reactions to certain foods can have remarkable effects on the body. "He was the first doc

swelled up after meals. I used to eat dairy products at every meal." In the next few weeks Kathleen's symptoms disappeared and she lost all the weight she had put on.

She says: "Barry thought I looked wonderful—and I felt better than I'd done in years." Kathleen felt so fit and healthy that she was alarmed when, four



Joy for Kathleen Whitehead is the bonny baby she thought she couldn't have—until she discov-

Go
a s
for

SOMETHING v
tractive young
herself for coffee.
She became s
unable to cope
"totally out of c
The woman, an
her own success
pany, visited Dr. A
clinic because o
aches, fatigue, s
pains and spells w
couldn't concentra
Routine medic
showed no cause
symptoms but Dr.
was soon able to
her problems.
He said: "I put I
routine exclusio
avoiding the com
lery foods, and
ported feeling a 1
per cent better.

Proben

"We found she wa
gic to wheat, whic
her headaches, and
which made her
thargic.
Nothing unusual
that.

But the shock
when the 38-year-
man tested herself
free problems.

As instructed
counted her pul
then drank a very
cup of coffee with
or sugar.

Within ten minu
began to feel "strat
At first she didn'
what was happen
her. Then she reali
was becoming ext
excited sexually.

Her breasts tingl
felt swollen. Last
thoughts began to
her mind and she f

Miller's Method

Sublingual Neutralization Therapy



Miller's Method

Sublingual Neutralization Therapy



Over 250,000 Google returns!

Testing For Allergies

Part 2 - The Energy-Based Methods

Energy Testing For Allergies

Energy testing:

Electro-acupuncture (Voll)

Kinesiology

Nogier's auriculo-cardiac reflex

Dowsing

Energy Testing For Allergies

Energy testing:

Basically it's dowsing...

The operator (therapist) is the receiver/transducer

Some are very good; most are crap!

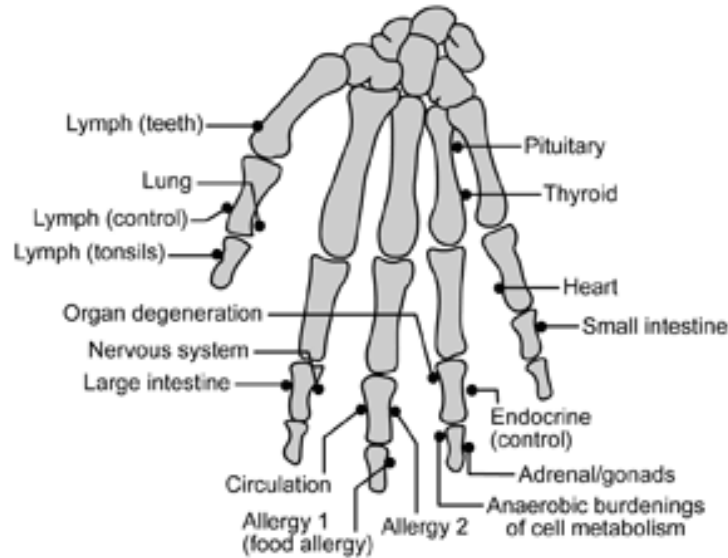
Energy Testing For Allergies

Electro-Acupuncture (EAV):



Energy Testing For Allergies

Electro-Acupuncture (EAV):



Energy Testing For Allergies

Test for stressors and foci:

bacteria

nosodes

miasms

allergies

vaccinations

Energy Testing For Allergies

Other EAV-type devices (Dermatron)

MORA machine

Avatar

Biomeridien

Vega machine



Energy Testing For Allergies

Phenolic Testing uses this approach
(speed and safety)

Developed by Abram Ber

Good for kids especially

Uses Miller's neutralizing principle

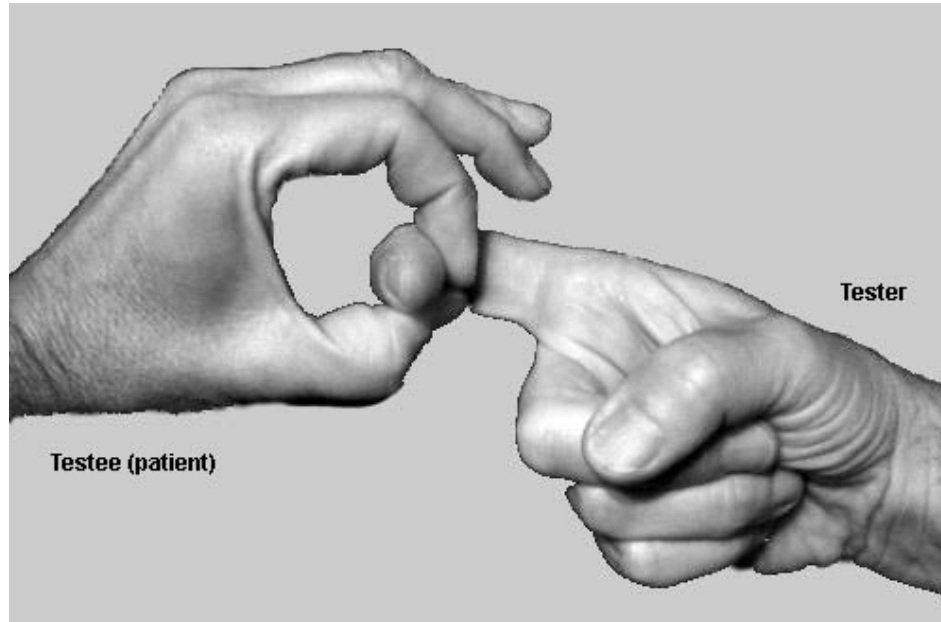
Energy Testing For Allergies

Applied Kinesiology (muscle testing)



Energy Testing For Allergies

Applied Kinesiology - simple method



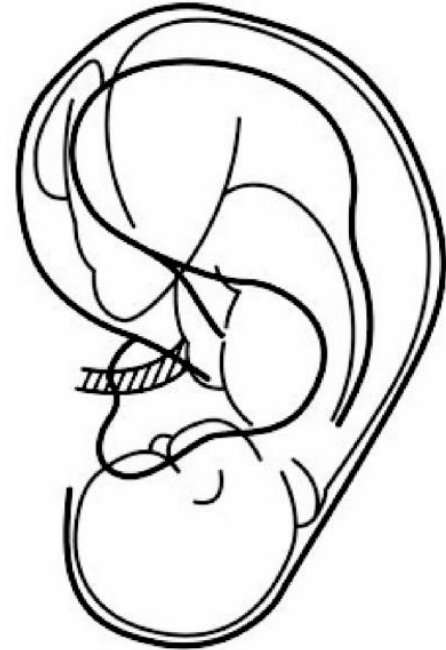
Energy Testing For Allergies

Nogier's auriculo-cardiac reflex



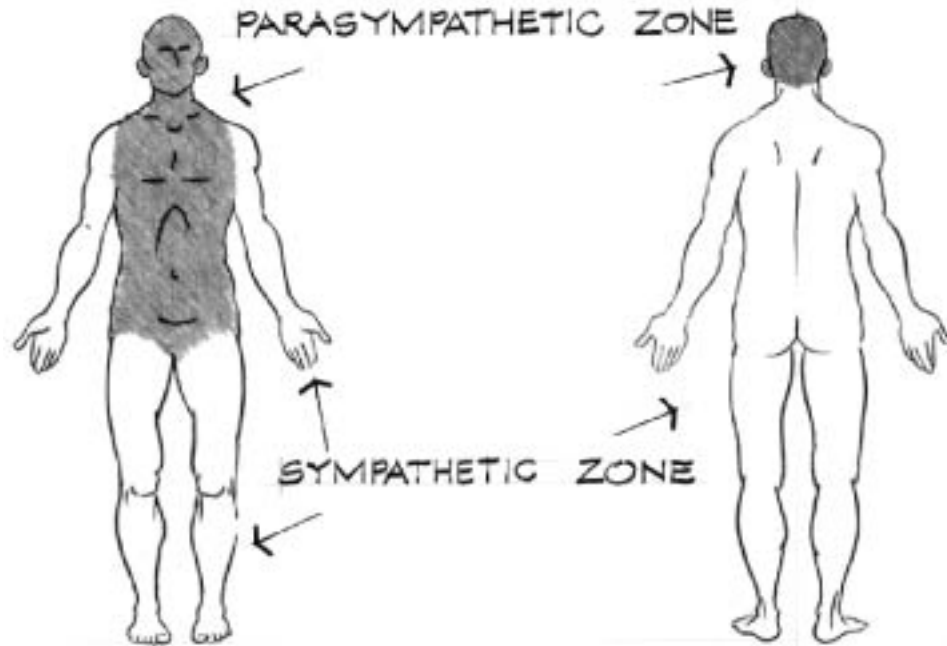
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Nogier's auriculo-cardiac reflex



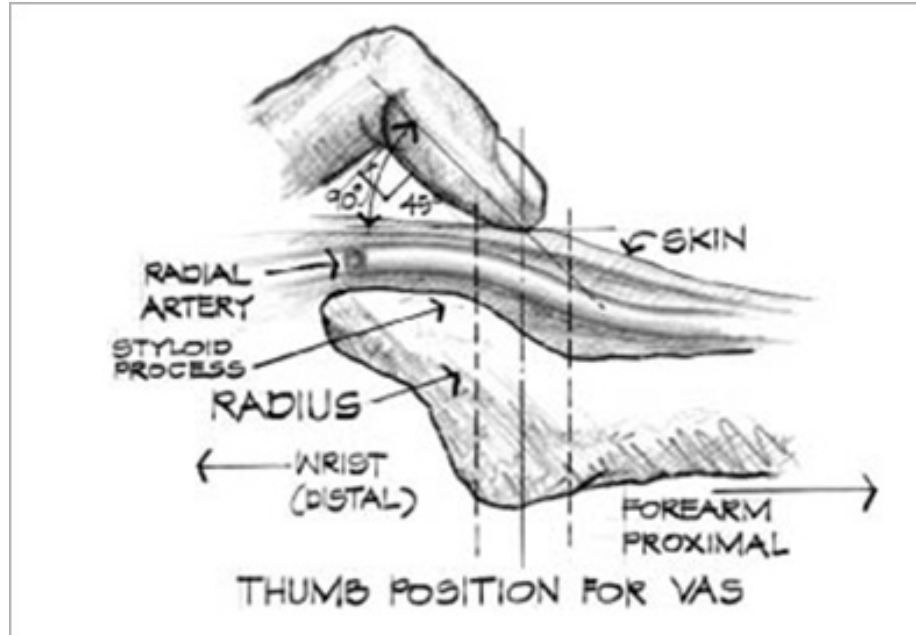
Energy Testing For Allergies

Nogier's auriculo-cardiac reflex



Energy Testing For Allergies

Positive Vascular Autonomic Signal



Energy Testing For Allergies

Nogier's ACR filters



Energy Testing For Allergies

Nambudripad's Allergy Elimination
Technique (NAET) ...and BioSET

A lot of B*S* around it

Blocked research

Now doing it for herself

Energy Testing For Allergies

Finally, dowsing - pendulum etc.

