# Parasites and Allergies Something that should always be kept in mind

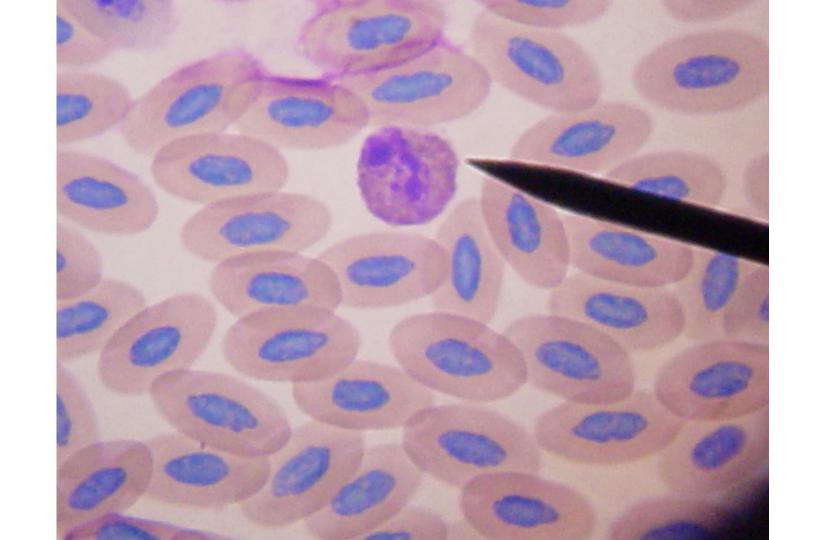
Parasites are always an issue and should not be disregarded.

Think of parasites: if you get stuck, are not making progress or responses seem baffling or weird!

These lousy little critters can mimic anything and are good at hiding. Plus... there can be allergic immune reactions to parasites in the body, just as sure as dust, pollens, molds and foods!

A raised white blood cell count, especially the eosinophils. These are characteristic of allergies.

A raised eosiniphil count needs investigating... a doctor should know that.



#### Eosinophilia

Infections, parasitic infestations, asthma and allergies, respiratory diseases... some malignant diseases (leukemiatype), drug reactions and connective tissue diseases... (Mayo Clinic Website)

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We'll look at how they impact what we do here in DWA...

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- Diarrhea
- Gastrointestinal upset
- Vaginal irritation
- Joint pain
- Fuzzy thinking

- Immune dysfunction
- Bad fatigue
- Headaches
- Roller-coastering blood sugar
- Fever
- Listlessness and generally feeling unwell Keith Scott-Mumby's Diet Wise Academy

## Abdominal symptoms can make you think of food reactions:

- Bloating and cramps
- Smelly stools
- · Loss of appetite
- Even vomiting

Toxoplasmosis is a very special case: Neurological symptoms Strange behaviors Releases its own toxins too Comes mainly from cats

Another special is *Gardia lamblia*:

Extreme fatigue is characteristic

Severe, frequent diarrhea

Nausea

NOTE: symptom-free carriers

There are the small "weirdies":

Endolimax nana

Blastocystis hominis

Dientameba fragilis

These are really "opportunistic" in type

#### Treatment isn't so difficult:

The problem is they always come back! You have to correct the growth environment - that's YOU!

Diet changes needed, <u>sugar feeds them!</u>

#### Round worms and hookworms:

- Black walnut husk
- Wormwood,
- Quassia (Bitter-Ash, Bitterwood)
- Oil of Cloves

#### Tapeworms:

- pumpkin seed
- Artemisia
- cramp barkMale fern (Aspidium)
- Felix mas

See below for a description of a formula lhave recommended for many years:

Natural Cleanse, a 500-year old Persian family recipe. It couples with another formula called Natural Balance.

There are Pharma drugs too.

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Metranidazole, Alinia (nitazoxanide)...

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Really, you need to study up on my "Parasites Handbook"...

## Parasites and Allergies Diagnostic tip:

Stay out of denial! Most patients don't want to know!